



Empowerment for a better world through
Adult and Community Education.

GCE Trainers Course 2022

Outdoors and Sports Edition

Incorporating Global Citizenship Education in the Adult and
Community Education sector.

Apply today!



(Photo ref: Development Perspectives European training 2019)

This Global Citizenship Education (GCE) Trainers Course will offer Adult and Community Education practitioners across Ireland an opportunity to deepen their understanding of GCE in Ireland using outdoor adventure and sports activities as a platform for learning. The course will provide participants with the skills and knowledge needed to develop ideas on how (and why!) to implement GCE in their daily practice, and to explore pathways to meaningful change through transformative educational practices.

The Strategic Goal of Saolta is to increase the accessibility, quality and effectiveness of Global Citizenship Education within the adult and community education sector. The **Saolta Outdoors and Sports GCE Trainers course** helps us achieve this Goal. We will engage participants in an experiential learning journey that aims to challenge views, opinions, knowledge and awareness of the world around us using outdoor activities as a platform for this learning process.

This edition of the training will involve **three online workshop sessions** (3 hours per session), **two in-person activity days**, **one individual coaching and mentoring session per person** (1 hour each), and **one group coaching and mentoring session** (2 hours). It will be an exciting opportunity for you (or for your

employees) to expand your/their knowledge and awareness through outdoor activities, and to become multipliers for sustainable development and transformative change!

Why Outdoors Activities for GCE?

Outdoors Education - activities, adventure and sports - hold many key features that can be utilised to encourage understanding and implementation of GCE, Active Citizenship and the United Nations Sustainable Development Goals (SGDs)

Saolta is running this course with a strong base of knowledge in outdoor education and how this can be linked with GCE in terms of combining the two as an approach to understanding how we might, both locally and globally, better tackle the root causes of poverty, inequality and climate change.

Outdoor education is a fundamental platform for embodying critical thinking, systems thinking, and problem-solving - three of the four pillars of GCE. Movement and interaction with our surrounding environment provide humans with the primary metaphors which we develop from a young age in order to conceptually navigate the world around us. Understanding this process and how it impacts our capacity to interpret what happens in the world is a key function of both GCE and the interplay between outdoor activity and our capacity to understand the world.

GCE is an inherently participatory endeavour. Outdoor activities provide an important platform upon which this participatory learning can be expressed. It is for these reasons that Saolta is engaging with the novel approach of combining outdoor activities and GCE as a teaching and learning tool.

Why take part?

- **You will** – Acquire essential knowledge and skills related to Global Citizenship Education through Outdoor Education Principles (GCE).
- **You will** - Gain practical experience with GCE in your own facilitation practice, and discover best practices in creating social change.
- **You will** – Receive a toolkit that will be the foundation for implementing GCE in your own work.
- **You will** - Enhance and strengthen the skills, instincts, and abilities that will advance your professional development.
- **You will** - Build your network and learn key engagement strategies to drive community involvement.



Training Outline:

Session 1 – Friday, May 6th: 10am – 1pm: Explore and Connect ONLINE

The first session will give you an introduction to Global Citizenship Education in Ireland, how it has emerged, what it entails and why it is relevant, and how it links with the outdoors and sports – particularly in the context of Adult and Community Education.

Session 2 – Friday, May 13th, 10am-4pm: Activity Day 1 MULLINGAR

In Session 2, the participants will engage more with tools they can use for implementing Global Citizenship Education in their practice in relation to outdoor education and activities, specifically

through the games of Ultimate Frisbee and/or Orienteering. This activity day will also include an exploration of what's already there – e.g. practitioners' experiences, activities used in your own work, and theories related to GCE in the context of Adult and Community Education. Session 2 will also give you an opportunity to hear more from experts working in the sector and explore options for integration in your own practice.

Session 3 – Friday, May 20th, 10am-1pm: Applying Theory to Practice ONLINE

During this session we will review some of the ideas of key theorists in the field of Global Citizenship Education and see how these ideas can be used in your practice to encourage active citizenship and contextualise current education curricula from a development perspective focusing on tackling poverty inequality and climate change.

Between Session 3 and 4, all participants will be offered a 1-1 Mentoring and Coaching session via Zoom. This session aims to support participants plan their individual respective actions/activity they will trial.

Action:

Between Session 3 and 4, the participants will be invited to try out one aspect of the training course in their own facilitation practice. This could be an activity outlined in the toolkit or own ideas inspired by the training.

Session 4 – Friday, June 3rd, 10am-4pm: Activity Day 2 DUBLIN- BALLINTEER (Marley Park)

The second and final activity session will focus further on aspects of outdoor activities and sports as platforms and tools for embedding Global Citizenship Education into Adult and Community Education. This session will take the group on a easy to moderate walk through the foothills of the Dublin Mountains starting in Marley Park. The session will use our interaction with outdoor environments as a platform for understanding how the outdoors informs our capacities for Critical Thinking, Systems Thinking and Problem Solving and how these are connected to the United Nations Sustainable Development Goals.

Session 5 – Friday, June 10th, 10am-1pm: Reflection and Next Steps ONLINE

The last session will focus on the presentation and reflection of the practical experience, and on an outlook: what have I learned, what am I taking away, what will be possible in the future?

Practical Information:

Covid19

Please note that this training is currently being planned as blended learning (a combination of offline and in-person sessions). The training will be delivered using a range of interactive tools and experiential approaches, with inputs from guest speakers in the field of GCE, Adult and Community Education, and outdoor education. The government has technically removed all restrictions relating to Covid. However, this programme will still proceed with an awareness that Covid still exists within our communities and we will proceed accordingly with the use of hand sanitizer, and the request that if people are feeling any of the symptoms highlighted by the HSE's advice, to please self-isolate.

Places available:

This Trainers Course will be limited to 25 people only. We welcome applications from practitioners in all organisations in the Adult and Community Education sector who have a background in training and education. Once offered, a project contribution of €20 is required to secure your place on the training (individual cases can be discussed).

Certification:

A digital certificate of attendance will be handed out upon completion of the training.

Contact:

For further information on the training, please contact Hanna or Nick at Development Perspectives:

hanna@developmentperspectives.ie or nick@developmentperspectives.ie (0419801005)

Closing date for applications is Wednesday, April 25th, 2022.

For more information on the host organisation, please click the link below:

<https://www.developmentperspectives.ie/training-of-trainers>



This training is funded by Irish Aid at the Department of Foreign Affairs. Irish Aid is the Government's overseas development programme which supports partners working in some of the world's poorest countries. Irish Aid also supports global citizenship education in Ireland to encourage learning and public engagement with global issues. The content of this communication represents the views of the author only and does not necessarily represent or reflect DFA policy.

